



# Divine focus

<http://www.delightinlife.org>

9000 Cheltenham Drive, Brandywine, MD 20613

Phone: 609.468.1732

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*Divine Knowledge*

*Unconditional Love*

*Selfless Service*

## KEY TO HAPPINESS

**Make God part of your practical life and practice the following:**

- ❖ Tolerance in life is God's heart
- ❖ Supreme divine knowledge is God's body
- ❖ Good deeds are God's Shape
- ❖ Selfless service or to help somebody are parts of God's body
- ❖ Divine person is God's life and breath
- ❖ Spirituality/Dharma is God's Soul
- ❖ God is our Destiny

### Summary:

- ❖ So when good and bad situations come into life, be patient and brave to tolerate these situations. Do not take any action in a hurry that you will have to repent later. Do not get excited and take any rash decision.
- ❖ In life, be in a situation to recognize good and bad. Make good deeds part of your life and stay away from doing bad deeds. So to live life, whenever you find good things from anywhere, grab onto them.
- ❖ Always do good deeds in your life. Do not hurt or cheat anybody. Good deeds make your life heaven and bad deeds make your life hell.
- ❖ Unselfish nature makes one a superior human being. Always help people in need. By thinking good about others will bring you happiness automatically. Helping somebody without any expectations is a great worship of God.
- ❖ Purity in life brings health, peace and happiness. Life should be a Temple of Purity. If purity comes in your thoughts then that is what is called Gyanyog. If purity comes in your deeds then that is what is called Karmyog. If purity comes in your feelings that that will become Bhaktiyog.
- ❖ Being patient, forgiving, control of your mind, trustworthy, pure, self-control, high thinking, divine knowledge, truth, control of anger makes one a superior being.
- ❖ Be thankful to God for everything.

